Govt. College, Chhattar
Lesson Plan (2026-27)
Odd Semester

Name of Assistant Professor: **ANKIT**
Class: **B.A. 1st Year (NEP-2020)**
Semester: **1st Sem (VAC)** Course Type- **VAC-101**
Subject: **Human Values and Ethics: (B-21-VAC-101)**

Month	Topics
August	**Unit-1- Need, Content and Process for Value Education** Understanding the need, content and process for Value Education. (Students should be aware of the difference among skills, values and ethics and their respective needs in life.) Classification of Value Education: understanding Personal Values, Social Values, and Moral Values & Spiritual Values; Understanding the difference between ideology and values. Understanding Harmony with self, Society and Nature.
September	**Unit-2- Human Values and Ethics** Meaning and nature of human values; Significance of human values in life; Relation between values and ethics. Relevance of Human values: Integrity, Empathy, Loksangrah, Brahmvihara. Theory of Naya (Jainism), Deontology, Virtue Ethics, Utilitarianism
October	**Unit-3- Integrated Personality and Well-being** Understanding the relationship among: Self, Identity and Personality.

	Understanding Integrated Personality – with the three gunas theory of Sankhya, the four Antah-karanas (inner instruments) in Yoga, and Panchkosha (five sheaths) in Upanishad. Approaching comprehensive understanding of well-being and its relation to Happiness. **Unit-4–Professional Ethics and Global Citizenship**
November	Nature, characteristics and scope of professional ethics; Types of Professional Ethics; Professional Values: Trusteeship, Inclusiveness, Commitment, Sustainability, Accountability, Transparency, Impartiality. Values for Global Citizenship: Equality, Justice, and Human Dignity. Nature and need of competency based education; Types of Competencies,
December	**Unit-4–Professional Ethics and Global Citizenship** Core Competencies: communication, teamwork, planning and achieving goals, Functional Competencies: analytical thinking, knowledge sharing and learning, decision making, partnership building.

Ankit
05/08/2026